

Refrigeration temperature

5.5

degrees Celsius is the average temperature in domestic fridges in Germany.

This is according to an online survey by the German Federal Institute for Risk Assessment (BfR) of 1,000 people aged 16 and above. The results showed that only half the respondents have an integrated display or a separate thermometer in their fridge – and so know the precise temperature they chill foods to at home. The BfR study is the first to provide indications of real temperature settings in household refrigerators in Germany. Meaningful data is expected to be collected from 2022 onwards by recording refrigerator temperatures over a period of over twelve months in selected households. By the way: to prevent food spoilage, refrigerators should be set to below 5 °C at best and maximum 7 °C. ■

More information:

www.bfr.bund.de/en > Publications > Brochures > Protection against foodborne infections in private households

