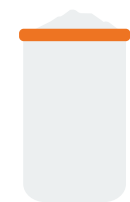


How to prepare powdered milk correctly

Hygiene is crucial in the production of powdered infant formula. Nevertheless, pathogenic germs can survive and multiply in the finished formula or be transferred via spoons, teats or bottles. Therefore, maximum hygiene must be observed during preparation.

Preparation



Powdered milk

and

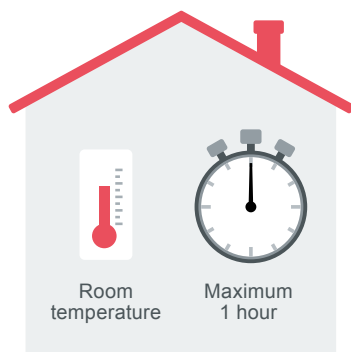


Sterile water

or

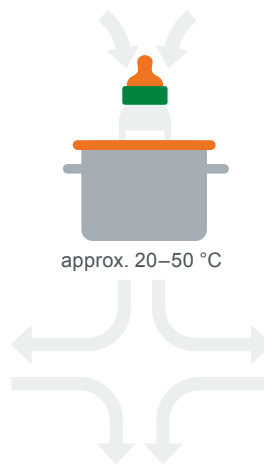


Boiled water

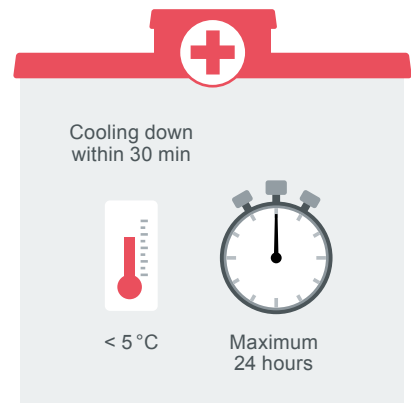


Room temperature
Maximum 1 hour

Private households



approx. 20–50 °C

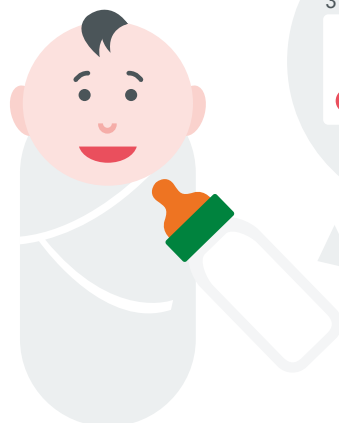


Cooling down
within 30 min

< 5 °C
Maximum 24 hours

Professional baby care

Feeding



37 °C

Recommendation:
Wrist test



Feed within
1 hour



Dispose of all leftovers

Tips when out and about

- ▶ Pre-portion powder in bottle
- ▶ Take along hot water with you in an insulated bottle
- ▶ Mix only just before feeding
- ▶ Cool to drinking temperature and feed as described above

More information:
Updated BfR Opinion no. 009/2022 of
29 March 2022